

Training Rules and Policies

The following training rules apply to all interscholastic participants during their enrollment in Battle Ground Middle School, including summer vacation periods. An interscholastic participant is defined as an individual who takes part in an Athletic or non-athletic interscholastic activity or event.

AS AN INTERSCHOLASTIC PARTICIPANT OF BATTLE GROUND MS I WILL NOT:

- ✓ smoke or use tobacco in any form (i.e. smokeless tobacco)
- ✓ consume, possess or distribute alcoholic beverages
- ✓ consume, possess or distribute illegal drugs or substances, including any substances that I believe or tell others are illegal drugs or substances.
- ✓ be charged with violating any criminal code or any law or ordinance of any jurisdiction
- ✓ consume or offer to any other person any substance which I say or believe will improve or alter my performance (this does not apply to any medication prescribed by a physician, or any other substance, such as aspirin, approved by the coach or sponsor in advance.)
- ✓ engage in any conduct, which is intended to cause damage to school property or to the property of school personnel, or be disruptive to school activities.
- ✓ participate or observe in the hazing and/or initiation of any person (this violation will fall under penalty number 8)

TRAINING RULES - MAXIMUM PENALTIES FOR THE ABOVE VIOLATIONS ARE AS FOLLOWS:

1. First Offense:
suspension from 30% of regular season contests (fractions will be rounded up. For tournaments, each day equals one contest). If the entire suspension is not served in a single interscholastic activity, the remainder of the suspension will be served in the next interscholastic activity.
2. Returning to No Offense Status:
Following the first offense, if a student completes one calendar year with no additional violations, the student may return to a no offense status. The opportunity to return to a no offense status will only be granted to a student one time during their middle school career.
3. Second Offense:
Suspension for 50% of all interscholastic activities. The suspension period will begin on the day of the suspension.
4. Third Offense:
Suspension from all interscholastic activities for the remainder of the student's middle school career.
5. Reinstatement:

Following the third offense, if the student completes one calendar year without any additional violations, they may apply in writing at the discretion of the principal and athletic director, the consideration regarding the seriousness of the prior offenses shall determine whether or not to reinstate the participant to a second offense status. If any prior violation was dangerous to other persons or property, including but not limited to hazing and/or initiation, or seriously disruptive to any school activity, then the student shall not be reinstated. If a fourth offense occurs prior to reinstatement, then reinstatement is not available.

6. Fourth Offense:

If a fourth offense occurs prior to reinstatement, termination of privilege to participate in any activity covered by this policy occurs without opportunity for reinstatement.

7. Out of Season Violations:

Out of season violations will apply to the next activity the student participates in. If a student is participating in numerous activities during a season, the penalties will be assessed to all activities.

8. Penalties for Serious or Disruptive Offenses:

The limited penalties for the first and second offenses may be by-passed if the student's conduct was dangerous to other persons or property, or seriously disruptive to any school activity. In case of such an offense, the penalty may be, at the discretion of the principal and athletic director, suspension from all activities covered by this policy for the remainder of the student's career.

TRAINING RULES - PROCEDURE FOR DEALING WITH MAJOR VIOLATIONS:

1. Upon evidence or information that a major training rule violation has occurred, the athletic director and coach will meet to discuss the alleged violation.
2. The athletic director shall conduct an investigation concerning the alleged violation.
3. The athletic director and coach shall select a date and time to meet the student to discuss the alleged violation. This shall be done as soon as possible.
4. The athletic director and coach shall meet to discuss the penalty as enumerated in the Interscholastic Training Rules. The student and parent(s)/guardian(s) will be informed of the decision concerning the penalty and its administration within five (5) working days.
5. Rights of Review:
 - A. The student and parent(s)/guardian(s) may request a hearing in writing with the athletic director and principal within seven days of the administration of the penalty. A meeting will be held within five (5) days from notification and an oral response must be made within five (5) days.
 - B. If a satisfactory solution is not reached, the grievant(s) may appeal the issue in writing to the office of the superintendent within ten (10) days from

the receipt of the response in step A. A meeting between parties will be held within ten (10) days and a written response made within five days. A complete record of this meeting shall be kept and signed by both parties for possible future reference.

C. If the issue is still not satisfactorily resolved in step B, the grievant(s) may appeal the grievance in writing to the Board of Trustees within five (5) days from the receipt of the written response. The board shall consider the appeal within thirty (30) days and a written response shall be given within five (5) days.

TRAINING RULES - MINOR VIOLATIONS

Any violation concerning practice, school conduct, diet, rest, care of equipment, grooming, travel, etc. will be decided upon by the staff of the activity with the prior approval of the athletic director. These guidelines will be shared with the parent/guardian of the participant prior to the beginning of the season at the pre-season meeting. It is the responsibility of the parent/guardian to attend this meeting and receive the guidelines.

TRAINING RULES - PROCEDURE FOR DEALING WITH MINOR VIOLATIONS

1. Discipline will be administered immediately by the supervising coach/sponsor.
2. The athletic director will complete the Interscholastic Training Rule Violation Form and file it. A copy will be mailed to the parents.

STUDENT ATTENDANCE AT SCHOOL FOR PARTICIPATION IN INTERSCHOLASTIC ACTIVITIES:

In order for a student to participate in an interscholastic practice or activity on a school afternoon or evening, he/she must be in attendance at school 1/2 of the school day. The only exception shall be by pre-arranged administrative approval.

Parent/Athlete Sign-off Form

As **parents/guardians**, we have read all of the Interscholastic Training Rules attached. We fully understand the rules, penalties and procedures for dealing with violations of the Interscholastic Training Rules and have discussed these with our son/daughter. We agree to cooperate with the school officials in the enforcement of the above training rules and regulations.

For School Year _____ Date _____

Parent/Guardian Signature _____

As a **student/athlete**, I have read all of the Interscholastic Training Rules attached. I fully understand the rules, penalties and procedures for dealing with violations of the Interscholastic Training Rules and have discussed these with our parents. I agree to cooperate with the school officials in the enforcement of the above training rules and regulations.

For School Year _____ Date _____

Student/Athlete Signature _____

****THIS FORM MUST BE SIGNED AND RETURNED TO THE ATHLETIC DIRECTOR BEFORE INTERSCHOLASTIC INVOLVEMENT****